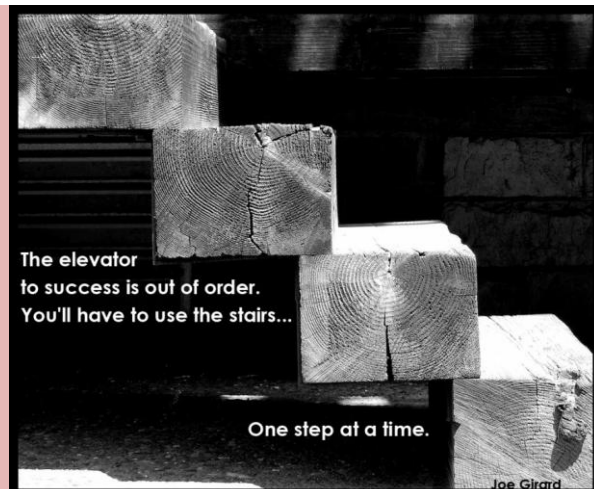


*Tri-County Intergroup of
Overeaters Anonymous Workshop*
Saturday, June 4, 2016 1:00pm to 4:00pm
Registration starts at 12:30pm

Come to the workshop and join us exploring the importance of working all the steps and how they are ranked in usefulness by members. See information on how members' time in program is reflected in how they use the tools and steps. Hear information on how members use the steps daily in their program.



Stuck on a step? Come hear ideas about moving forward. Identify the spiritual principles behind each step. Write and share on how you and your sponsor work the steps. Don't have a sponsor? Come anyway, we'll help you find one.

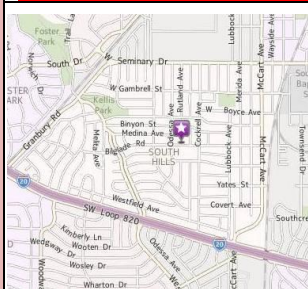


The Importance of Working the Steps

Suggested donation is \$5. We will sell raffle tickets, so we ask you to bring an item from home for the raffle. We also have diet drinks and water for sale. Service opportunities are available before and after the workshop.

If you want to make a day of OA, there is a meeting at 9:00 am at South Hills, followed by an Intergroup meeting at 10:30. Bring your abstinent lunch because there are few good eating choices near the church and you can help with set-up of the rooms for registration and the raffle and the room for the workshop. Following the workshop, there is also an opportunity for service in returning the areas to the way they were before the workshop.

If you have questions contact
Carolyn D - 817/924-2328 - texasoldgal61@gmail.com
Rachel 817/595-3044, or Yolanda 817/277-5351



Location
South Hills Christian
Church
3200 Bilglade Road
Fort Worth, TX
76133

From North Fort Worth

Take I 35 South
Take I 20/820 West
to "Abilene"
Exit
McCart/Westcreek
Stay on access road
Stay right on
Cockrell Ave.
Turn left on Bilglade

From Arlington

Take I 20 West
Exit McCart/Westcreek
Stay right on Cockrell
Ave.
Turn left on Bilglade

From West Fort Worth

Take I 20/820 East
Exit McCart
Stay on access road
Turn right on Cockrell
Ave.
Turn left on Bilglade